

## Today's Take-Aways

### COVID-19 – Regional Updates

- We are anticipating receipt of an amendment to Directive #2 with regards to the continued ramp up of services. At PRH, our Diagnostic Imaging department has returned to full service and our Clinic are almost back to regular service levels. In terms of our Surgical program, we are approved to ramp up to 70% of our 2019 surgical volume with some exceptions starting Monday.
- Overall, the number of COVID-positive patients in hospital and staff absences due to COVID and COVID exposures in the Champlain health region are on the decline.

### Visitor Policy

- We are anticipating further changes to regional Visitor policies effective Feb. 21st. which could allow patients to have more contact with friends and family. More details to come.

### Supplies

- Supply chain issues are continuing. Typically, hospitals are managing with approximately 30 items on back order and now are contending, on average with over 300 critical and random items that are on back order.

As a result, hospitals, including ours are having to adapt and settle for substitutions. While everyone is trying to support each other in their needs regionally, it's challenging as most hospitals are in need of the same items.

### Critical Care

- While we are excited to be able to ramp up in the OR, how quickly we do this and to what volume will be based on our own bed capacity and our staffing resources.

### Infection Prevention and Control and Occupational Health and Safety

- We are anticipating receive of revised acute care guidance but we are not sure what changes will be included. Details will be shared once we have this document in hand.
- We are continuing to see between 40 and 50 PRH staff off daily due to COVID-19, but are hopeful based on trends in Ottawa, that these numbers may begin to decrease in the next week or two.
- Our Occ Health department has some capacity to do more N95 mask fit testing. Any departments that have staff requiring this should forward the staff names to Occ Health.

The department is also assisting Riverview Heights Retirement Residence with fit testing for their staff.

- Some changes are being made to the Work Self-Isolation process that, in certain circumstances, will allow for the return to work of staff on day 7 if asymptomatic with testing requirements if they were classified as a high risk exposure and on day 11 if asymptomatic with testing requirements if one of their household members tested positive.

# GRATITUDE

• Special thanks, from SHARE (Self Help through Awareness, Recreation and Education) to **everyone who was involved with our Christmas Dinner 2021**. It was a great success and together we served almost 200 people.

We would like to thank **Steve and Julie of No Frill's** for their generous donations and a special shout out to **their meat department manager Tyler** for all his help. We would also like to say thank you to **Murray J. Rutz of the Wholesale Club** for providing us with the ingredients for our delicious desserts.

Another special thanks goes to **David Minns of Desjardins Insurance, Kevin Juillette and Frank Michaud Construction**. Through their generous donations, we were able to buy all the supplies we needed and we were able to include \$5 Tim Hortons gift cards with every turkey dinner for an extra treat. Thanks to **the staff of ROP** for all their team work to help this year's meal go smoothly.

We would also like to say a special thank you to **the girls from the ACTT team and Mindy from First Episode** for their help preparing the meal. An extra special thanks to **Janet M.** for showing us her expertise in shredding carrots for the coleslaw and not crying over spilled gravy!

Lastly we would like to say a heart felt thank you to **our Secret Santa and Mrs. Claus** for their donations of gift cards and raffle prizes. Your donations truly brought smiles to our clients' faces and helped them to have an extra special year this year.

Thank you all for your continued support, hard work and dedication in helping the SHARE Program provide this meal every year. *Helen McLeod*

• I would like to celebrate **Erin Van Allen** in *The Pulse* this week for her flexibility and dedication to critical care education with in the ED and ICU, particularly with the changes to ICU in recent weeks. *Kaley Lapierre*



**As A Token Of Appreciation  
For All That You Do  
We're Expressing Our Thanks With A  
Valentine's Day Cupcake For You!**

**Monday, February 14th**

**Individually packaged cupcakes -  
one for each staff member/physician working all shifts  
on February 14th will be packaged for pickup by  
department or position based on numbers from HR.**



**Treats Made By...**



**Cupcake distribution will take place in  
The Lunch Box (2nd Floor, Tower A),  
between 11:30 a.m. and 1 p.m. on Monday, February 14th.  
Please send a department representative to pick up for  
your group or if you aren't attached to a department you  
can pick up individually.  
Physician pickup will be in the Medical Affairs office.**

# CONSTRUCTION CORNER

## Tower A:

• Work on the 5th floor *Cancer Care Project* for Pharmacy is ongoing. The structural steel support was installed on the roof and the two long awaited roof top air handler units were delivered and craned into position. The windsock for the heliport was relocated to the top of the penthouse to make way for the new sterile room air exhaust.

• The Ministry of Health provided the approval to go to tender for the 3rd floor *Surgical Day Care Project*. The tender package was posted online on February 3rd with bid submissions due March 8th. A mandatory site visit for the pre-qualified general and sub contractors will be held on February 10th.

• The asbestos abatement contractor completed the work in the 1A West new physician lounge space. The contractor will be moving next to the 4th floor LDRP South Wing corridor and Rotunda.

• New stainless steel sinks were installed in the kitchen to replace the old ones that were leaking and could no longer be welded.

## Tower B:

• Work has started on the replacement of DI equipment in the Mammo Room and in the Nuclear Medicine Room (SPECT CT).

## Tower C:

• Electrical and fire alarm upgrade work is continuing on the Ground Floor behind the elevator for the relocation of the Geriatric Day Hospital program from Tower D.

• Work started on the replacement of old electrical panels in the corridors. New grounded receptacles are also being installed at the same time in the exam rooms as per code requirements.

• The sprinkler system was extended into the Supply Storage Room in the Dialysis Unit.

• Work started on the relocation of the HR Department to the newly-renovated 2nd floor.



## LIMITED TIME OFFER!

Exclusive Discount

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# 30% OFF!

Valid February 10 - May 31, 2022

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Book using your Corporate Code  
Must Book By: February 27, 2022

PRH Corporate Code: PEMB1G8

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- Limited availability, black out dates apply
- Employee must be present upon Check In and must show valid Employee ID upon arrival to receive this discounted rate
- Limit 2 rooms per Employee per night
- Includes 2 days of waterpark play with a 1 night stay and complimentary parking
- Rates are available for the dates outlined only and are based on availability at time of booking
- First night's room & tax required upon reservation
- Covid-19 Health & Safety restrictions in place including mandatory face coverings for anyone age 2+ and maintaining physical distancing practices.
- Proof of Double Vaccination + 14 Days is required for ages 12+



Health  
& Safety

## Guardian Angels

Dr. Sanjeev Chander



Thank you for your kindness, compassion, and amazing bedside manner.

## Mental Health Resources Are Available

We recognize that this situation and the increased community transmission of the Omicron variant may impact your mental health and we encourage everyone to seek appropriate support as required.

This includes accessing our Employee Assistance Program (EAP) at 1-866-833-7690 or calling the Mental Health Crisis Line at 1-866-996-0991.

**Catch the Ace**  
PROGRESSIVE LOTTERY

**Congratulations**  
WEEK #29 WINNER  
**Catherine Windle**  
**\$6,471**  
TICKET #CC-7118126  
Card #24  
Revealed: 2 of Spades  
[www.prhcatchtheace.ca](http://www.prhcatchtheace.ca)

Next weeks ESTIMATED jackpot,  
if the Ace is caught is over: **\$130,000!**



## Current Facts and Figures

- **Renfrew County:** 249 active cases, 25 deaths
- **Ottawa:** 1,516 active cases, 729 deaths
- **Ontario:** 29,196 active cases, 11,988 deaths

## Foundation News

Pembroke Regional  
Hospital Foundation



Fondation de l'Hôpital  
Régional de Pembroke

**PRH CATCH THE ACE**  
ESTIMATED JACKPOT  
**\$130,000**  
[WWW.PRHCATCHTHEACE.CA](http://WWW.PRHCATCHTHEACE.CA)

### Become a Community Ambassador

Easy as 1, 2, 3!

- Step #1: Scan the QR code
- Step #2: Register & personalise your page.
- Step #3: Ask friends, family and coworkers for donations.



### Make a donation

By donating to the Connect to Care Radiothon you are helping to expand and improve local cancer care!

Scan the QR code for more information or to donate

*Catch the Ace* tickets are on sale at the Mural Café on Mondays, Tuesdays, Thursdays and Fridays from 9:30am until 2pm. Thank you to our volunteers who make this possible. You can also visit [www.prhcatchtheace.ca](http://www.prhcatchtheace.ca) to purchase your tickets.

Proceeds support our *Cancer Care Campaign*.

The *Connect to Care Radiothon* is happening on March 3rd and we are looking for Community Ambassadors! Want to become a Community Ambassador or just make a donation to Radiothon? It's as easy as 1-2-3!